

# Attention Farmworkers in North Carolina!

*If I have symptoms of COVID-19 and am seeking medical services...or*

*If I get sick with COVID-19 and want to apply for paid sick leave...or*

*If I have to isolate myself or stay at home because of exposure to COVID-19...*

*Then, can the employer take negative employment actions?*

## **NO**

### ***You have the right to maintain your health!***

***There are legal protections for farmworkers. An employer cannot punish, discipline, fire, or threaten you for needing paid sick leave if you are in one of the above situations.***

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During the COVID-19 pandemic, your employer should **NOT** take negative employment actions against you for:



seeking medical services outside of your work hours or when you have symptoms of COVID-19;



self-quarantining under a government order or a doctor;



asking for 10 days (80 hours) of paid sick leave if you are quarantined or looking for medical services due to symptoms of Covid-19;



avoiding exposure to others with symptoms of COVID-19;




insisting on required hygienic and sanitary living and working conditions; or



asking for help or for advice from the government, or legal services.

**Moreover, the circumstances of the COVID-19 pandemic are not a reason to threaten you or prevent you from exercising your rights.**

To discuss your options with an attorney or to learn more about the process of making a confidential complaint, call Legal Aid, Farmworker Unit. All our services are confidential and free:

 1(800)777-5869

 (919)523-6665

 <https://www.facebook.com/trabajadoresagricolaslanc/>



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